

Secrets of Lake Lubāns



Nature Route "LUBĀNS - the largest lake in Latvia"



www.lubanamitrajs.lv
 www.visitmadona.lv
 www.rezeknesnovads.lv
 www.varaklani.lv
 www.visit.balvi.lv

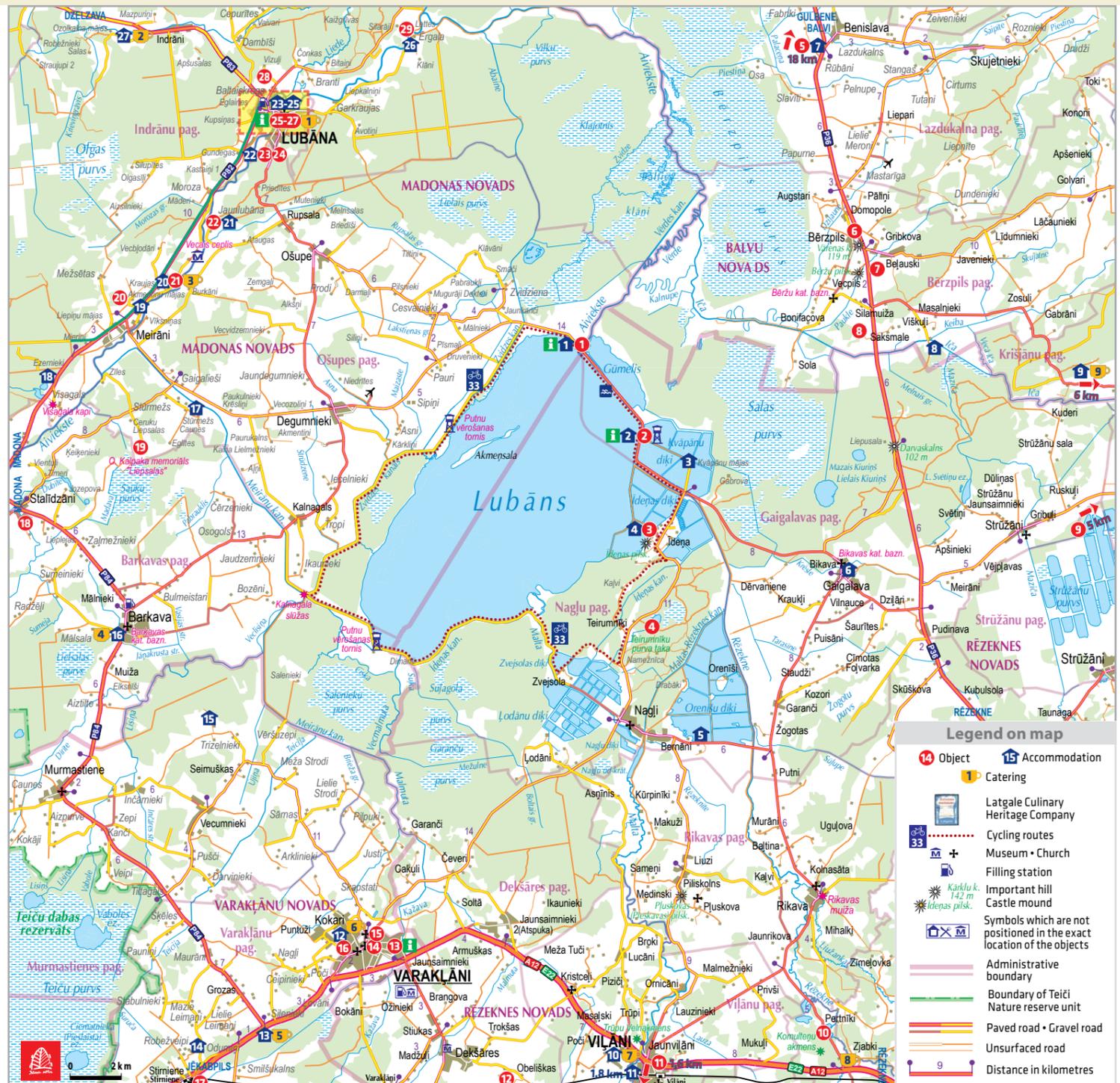
Catering

- 1** Canteen **Lubāns PB**
O.Kaipaka iela 5, Lubāna, Madonas novads
+371 64807325
- 2** Catering for groups, be ordered in advance
Ļapas maize
Baloži, Indrānu pagasts, Madonas novads
+371 28734739
- 3** Catering for groups, be ordered in advance
Zvaigznītes
Meirāni, Indrānu pagasts, Madonas novads
+371 26825836
- 4** Canteen **JAK Barkavas struktūrvienība**
Dzirnavu iela 1, Barkava, Madonas novads
+371 64807215
- 5** Cafe **Raibais asaris**
Varakļānu novads, +371 28627077, 29126648
- 6** Cafe **Grāmatnīca**
Rīgas iela 4, Varakļāni, Varakļānu novads
+371 27320564, 22443812
- 7** Cafe **Pie Kaupra**
Jaunviļāni, Viļānu pagasts, Rēzeknes novads
+371 29440780
- 8** Local fish production shop **Pērtnieku gardumi**
Subinaite, Sakstagala pagasts, Rēzeknes novads
+371 26106333
- 9** Catering for groups, be ordered in advance **Noras**
Krišjāni, Krišjāņu pagasts, Balvu novads
+371 26519272

Accommodation

- 1** **1** (6+4 beds) Hostel **Lubāns Wetland Information Centre**
Aiviekstes hidromezgls, Ošupes pagasts, Madonas novads
+371 29234956
www.lubanamitrajs.lv
- 2** **2** (14 beds) Centre of water tourism **Bāka**
Kvāpāni, Gaigalavas pagasts, Rēzeknes novads
+371 26663358, http://baka.rezeknesnovads.lv
- 3** (14 beds) Hostel **Birzes**
Kvāpāni, Gaigalavas pagasts, Rēzeknes novads
+371 29422050
- 3** **4** (30 beds) Country house **Zvejnieki**
Idēna, Nagļu pagasts, Rēzeknes novads
+371 28301143, www.zvejnieki.lv
- 5** (10 beds) Guest house **Stikāni**
Bernāni, Nagļu pagasts, Rēzeknes novads
+371 29165013
- 6** (18 beds) Hostel **Muzikanti**
Meža iela 2a, Gaigalava, Rēzeknes novads
+371 26593441, 28728790
- 5** **7** (14 beds) Holiday house **Mežsētas**
Rugāju pagasts, Balvu novads
+371 29104212
- 8** (20 beds) Holiday house **Līcītis**
Višķuji, Bērzpils pagasts, Balvu novads
+371 26590367

- 9** (30 beds) Holiday house - camping **Noras**
Krišjāni, Krišjāņu pagasts, Balvu novads
+371 26519272
- 10** (10+20 beds) Hotel **"Pie Kaupra"**
Jaunviļāni, Viļānu pagasts, Rēzeknes novads
+371 29440780
- 11** (40 beds) **Hostel House of the Pilgrim's**
Kultūras laukums 7, Viļāni, Rēzeknes novads
+371 26572230
- 12** (6 beds) Guest house **Dālderī**
Kokari, Jaunatnes iela 1, Varakļānu novads
+371 29486023
- 13** (10 beds) Guest house **Raibais asaris**
Tornis, Stradiņu C, Varakļānu novads
+371 29126648
- 14** (6 beds) Holiday house **Odumiņi**
Odumiņi, Stirniene, Varakļānu novads
+371 29377776
- 15** (9 beds) **Trizelnieku Ignatiņi**
Murmastienes pagasts, Varakļānu novads
+371 26528739
- 16** (70 beds) Hostel **"JAK Barkavas struktūrvienības"**
Dzirnavu iela 1, Barkava, Madonas novads
+371 64807215
- 17** (9 beds) Holiday house **Jaunkalēji**
Kalēji, Ošupes pagasts, Madonas novads
+371 29104869
- 18** (80 beds) Recreation and tourism centre **Ezernieki**
Indrānu pagasts, Madonas novads
+371 26671421
- 19** (20 beds) Holiday house - camping **Lābānkrogs**
Uzvaras 3, Indrānu pagasts, Madonas novads
+371 29294119
- 21** **20** (15 beds) Holiday house **Zvaigznītes**
Meirāni, Indrānu pagasts, Madonas novads
+371 26825836, www.zvaigznites.lv
- 22** **21** (2 beds) Country house **Kodoli**
Kodoli, Ošupes pagasts, Madonas novads
+371 29331268
- 23** **22** (6 beds) Holiday house **Lubānas mototrase**
Lubāna, Madonas novads
+371 26362618, 29429583
- 23** (6 beds) Hostel **Tourist accommodation**
Tilta iela 5, Lubāna, Madonas novads
+371 64894941, 26165144
- 24** (6 beds) Hostel **Accommodation in Lubāna**
Sporta iela 5, Lubāna, Madonas novads
+371 29101158
- 25** (6 beds) **"UpeNes"**
Indrānu pagasts, Madonas novads
+371 26323552
- 26** (2 beds) **"Mana daba"**
Zvaigznes, Indrānu pagasts, Madonas novads
+371 26275158
- 27** (2 beds) Holiday house **Saulieši**
Saulieši, Indrānu pagasts, Madonas novads
+371 20287593



Legend on map

- 14** Object
- 15** Accommodation
- 1** Catering
- 33** Cycling routes
- M** Museum • Church
- +** Filling station
- ⚔** Important hill
- ⚔** Castle mound
- Symbols which are not positioned in the exact location of the objects
- Administrative boundary
- Boundary of Teiči Nature reserve unit
- Paved road • Gravel road
- Unsurfaced road
- 9 Distance in kilometres

Top facts about Lake Lubāns surrounding

- Archaeological excavations show that the first human settlement after withdrawal of glaciers from the Baltic region was located at the lake. During the Stone Age there used to be more than 20 settlements in the neighborhood.
- Lake Lubāns is the largest dammed lake in Baltics. The shores of the lake have been transformed and are surrounded by a system of protective dams, canals and sluice.
- A number of endangered bird species nest here – great snipe (see cover image, photo by A.Jesko), osprey, corncrake, white-tailed eagle, etc. More than 257 bird species have been traced in the neighborhood. The area is included in *BirdLife International* Important Bird Areas list and Ramsar Convention list.
- Lake Lubāns, fishponds, and rivers Aiviekste und Rēzekne are popular places for angling. Lake Lubāns is considered the best pike lake, while Nagļi fishponds are famous for their carps.
- The lake is surrounded by the nature reserve of Lubāns Wetland complex (51 351 ha) and extensive bogs.
- A nice sandy swimming place is located on the northeast shore of the lake.
- The distance around the lake by road is 53 km, it's also marked cycling route Nr. 33.



Nature/Active leisure

1 Lubāns Wetland Information Centre – travel guides, souvenirs, excursions in the surroundings of Lake Lubāns, information about bird watching places, trekking and environmental education workshops, orienteering game in the surroundings of the Information Centre, water gates, the pontoon bridge.

Aiviekstes hidromezgls, Ošupes pagasts, Madonas novads
 +371 29234956 (LV, RUS, ENG), www.lubanamitrajs.lv, [f](#) lubanamitrajs
[i](#) [↑](#) (6+4) [🚶](#) (5) [🏠](#) [🚰](#)



Birds at Lubāna Wetland. The lake and the nearby fishponds are among the most important foraging and rest areas for migratory water birds in Latvia. A total of 257 bird species have been observed here, out of these 70 are rare and protected, and several are globally threatened species: great snipe, corn crake, white-tailed eagle, osprey. The territory is an Important Bird and Biodiversity Area identified by BirdLife International and a listed Ramsar Convention site.

Bicycle route "Around Lake Lubāns" – total length of the route is 53 km, marked with No. 33. The terrain is flat, asphalt surface - 8 km, the rest - gravel road. Difficulties can be caused by strong winds or wet roads in rainy weather. There is a grocery shop in Nagļi village.



2 Bāka – centre of water tourism – SUP boards, binoculars (9), exhibition hall, hall for seminars and celebrations, sports grounds, coffee.

Kvāpāni, Gaigalavas pagasts, Rēzeknes novads, +371 26663358, 26106333 (LV, RUS, ENG), http://baka.rezeknesnovads.lv
[i](#) [🏠](#) (14) [🚶](#) [🚰](#) [🚰](#) (1) [🚰](#) [🚰](#) [🚰](#)

4 Teirumnīki marsh pathway – a 800 m long path, footbridges, nature guide.

Teirumnīki, Nagļu pagasts, Rēzeknes novads
 +371 28301143 (LV, RUS, ENG) [🚶](#)



5 Deer Park "Mežsētas" – approximately 300 red deer, fishponds, a holiday house, nature of the lower course of the Pededze River, a safari tour, paintball.

Mežsētas, Ruģāju pagasts, Balvu novads, +371 29104212, (LV, RUS), +371 25441598 (LV, ENG) [f](#) Mezsetas.briezi [🚶](#) (14)

10 Pērtnieki – two fish ponds for anglers, equipped with benches, tables. One trout pond, one with a variety of fish. Children's playground, swings, a barbecue house. Resting place next to water.

Pērtnieki, Sakstagala pagasts, Rēzeknes novads, +371 29293393 (LV, RUS) www.pertnieki.lv [🚶](#) [🚰](#)



15 Bubble games Varakļāni – workshops, making of bubble wands, making bubble tools, bubble show.

Pils iela 1, Varakļāni, Varakļānu novads, +371 29147574 (LV, RUS, ENG), www.fromgnom.com [f](#) burbuluspeles

** [🚶](#) - Booking required!



23 Lubāna Motor Track – motor, enduro, and BMX tracks, quadricycle tours, paintball, fishing boat, rental of outdoor hot tub, sauna, accommodation.

Lubāna, Madonas novads, GPS 56.8891, 26.7023, +371 26362618, 29429583
[f](#) Lubanasmototrase [🚶](#) (6) [🚶](#) [🚰](#) [🚰](#) (2) [🚰](#)

24 Riding a ship on the Aiviekste River – a water motorcycle, fishing, boat rental.

Lubāna, Madonas novads, +371 26362618, 29429583
[f](#) Lubanasmototrase [🚶](#) (6) [🚶](#) [🚰](#) [🚰](#) (2) [🚰](#)



26 Nature trail Aiviekstes ozoli – a Stone Age settlement, archery, skiing, a nature trail, barefoot trail, guides. Bicycle, boats, mobile sauna, tent and tourism equipment rental, disc golf. The nature trail starts at the intersection of Krasta and Peldu streets.

Lubāna, Madonas novads +371 26649344 (LV, ENG, RUS), www.aboriesi.lv
[f](#) aboriesi [🚶](#) [🚰](#) [🚰](#) (12) [🚰](#) [🚰](#)

29 Disc golf – disc golf track with 10, 18 and 23 baskets. Beach volleyball square No fee. Must apply in advance – Rolands Gruzītis.

Lettes, Indrānu pagasts, Madonas novads, +371 29169497 (LV, RUS)
[f](#) discgolfettes [🚶](#) [🚰](#) [🚰](#) (1) [🚰](#) [🚰](#)

Culture / Traditions

8 Pottery of Jolanta and Valdis Dudenieki – ceramics workshop and sale. Saksmale, Bērzpils pagasts, Balvu novads, +371 29173889 (LV, RUS)

11 Viļāni Roman Catholic Church of St. Michael – baroque style church and monastery. It has Via Dolorosa, Rosary garden, a Candel chapel and a Cross chapel as well as St Teresa Rose garden and a grotto devoted to Our Lady of Fatima.

Kultūras laukums 6A, Viļāni, Rēzeknes novads, +371 26572230 (LV, RUS, ENG, PL)



13 Varakļāni Manor Complex – guided tours, 18th century interior, museum and exhibitions, thematic events, programs for school students and newlyweds, lease of premises.

[i](#) [🏠](#) [🚶](#) Pils iela 29, Varakļāni, Varakļānu novads
 +371 64866162, +371 29359242 (LV, RUS, ENG, DE), www.varaklani.lv
[f](#) Varakļānu Novada Muzejs [🚶](#) [🚰](#) [🚰](#)

14 Varakļāni Roman Catholic Church – consecrated in 1854. Designed by Italian architect V. Macotti. 3 altars, 2 towers, 5 entrances. The relics of St. Victor are kept in the church.

[🏠](#) Rīgas iela 2, Varakļāni, Varakļānu novads, +371 64866187, +371 29771895 (LV, RUS, ENG, PL), www.varaklanubaznica.lv, [f](#) Varakļānu Romas katoļu draudze



17 Stirniene Roman Catholic Church of St. Laurentius – an important center of spiritual and secular culture, the Memorial place of the venerable bishop Boleslav Sloskans, Stirniene manor.

[🏠](#) Satiksmes iela 9, Stirniene, Varakļānu novads
 +371 29678002 (LV, RUS, ENG, DE), www.stirnienesbaznica.lv
[f](#) Stirnienes-Svētā-Laura-Romas-Katoļu-Baznīca



18 Ritvars Točs, master of wood wool – wool of wood and herbs with healing properties, story about the use of wool, sale of produce.

Aiviekstes iela 15, Stalidzāni, Barkavas pagasts, Madonas novads
 +371 25982083 (LV, RUS)

19 Liepsalas – memorial home of the first commander of the Latvian Armed Forces, Colonel Oskars Kalpaks (1882-1919), beautifully landscaped area, free to visits.

Liepsalas, Ošupes pagasts, Madonas novads, +371 26400999 (LV, RUS)



25 Crafts Centre and Lubāna TIC – travel guides and routes, souvenirs, exhibition hall, workshops (basket weaving, weaving, felting), exhibition of artisan works, shop.

[i](#) Oskara Kalpaka iela 4, Lubāna, +371 26374962 (LV, ENG, RUS, DE)
 www.visitmadona.lv, [f](#) VisitLubana

28 Stone Park Vaidavas – in the collection there are approximately 5000 different stones, an exhibition of mugs, a collection of ancient household items and tools, a „haunted house” of nature finds, „100 Parliament Members”.

Vaidavas, Indrānu pagasts, Madonas novads, +371 26565071 (LV, RUS) [🚶](#) [🚰](#)



Rural goods / Farms

3 Zvejnieki – a fisherman's farm, Latgale culinary heritage, history of the neighbourhood of Lake Lubāns, guided tours.

Īdeņa, Nagļu pagasts, Rēzeknes novads
 +371 28301143 (LV, LTG, RUS, ENG)

www.zvejnieki.lv [i](#) [🏠](#) (30) [🚶](#) [🚰](#) [🚰](#) (1) [🚰](#) [🚰](#)



6 Brewer Dainis Rakstiņš – beer brewing traditions of Latgale, beer tasting and sale.

Stacijas iela 4, Bērzpils, Balvu novads, +371 26452844 (LV, RUS)
[f](#) Mājas Alus Kolnasāta [🚶](#)

7 Dižarāji – a tradition of smoking meat in an alder log sauna. Product tasting and sale.

Dižarāji, Bērzpils pagasts, Balvu novads
 +371 26586165 (LV, RU, ENG)



9 Dzeneiši – an artisan's home, linen, wooden and leather articles, felting, bathhouse items, candied fruit, herbal teas.

Kristiņkas, Nautrēnu pagasts, Rēzeknes novads, +371 26548778 (LV, RUS, ENG)

12 Hemp farm "Obelisk Farm" – the Hemp School, Hemp museum and shop, hemp products and tasting, tours and workshops

Gulbjī, Obelišķas, Dekšāres pagasts, Rēzeknes novads
 +371 25123595 (LV, RUS, ENG), www.obeliskfarm.lv, [f](#) obeliskfarm



16 Factory of strong alcoholic beverages "VARA KLĀNU" – various alcoholic beverages, tours, product tasting and purchase. Apitherapy in the bee relaxation house.

Zaļā iela 12, Varakļāni, Varakļānu novads, +371 28387696, +371 29340900 (LV, RUS, ENG), www.varaklanu.lv, [f](#) varaklanu

20 Rozas – a farmstead presenting a collection of birds: ostrich, Australian emus, South American rheas, peacocks, pheasants, Indian runner ducks, pigeons, chickens, turkeys, geese, domestic animals.

Rozas, Indrānu pagasts, Madonas novads, +371 28378516, +371 29178584 (LV, RUS, ENG), [f](#) saimnieciba.rozas [🚶](#) [🚰](#)



21 Zvaigznītes – homemade cheese making, purchase of production, premises for parties, sauna, hot tub, beach volleyball court, children's playground

Meirāni, Indrānu pagasts, Madonas novads, +371 26825836 (LV, RUS)
 www.zvaigznites.lv, [f](#) zvaigznites [🚶](#) (15) [🚶](#) [🚰](#) (1) [🚰](#) [🚰](#)

22 Kodoli – bathhouse and sauna rituals, aromatherapy, bath scrubs, essential oils, herbal teas. Camp place for boaters near Aiviekste river.

Kodoli, Ošupes pagasts, Madonas novads
 +371 29331268 (LV, RUS) [🚶](#) (2) [🚶](#) [🚰](#)



27 Lubāna Winery – white and red sparkling wines and distillates from Latvian fruits and berries. Winery tour and tasting, purchase of wine and souvenirs.

Parka iela 6, Lubāna, Madonas novads
 +371 23009410 (LV, RUS, ENG) [f](#) lubanasvinotava

Legend

- | | | |
|--|--|---|
| 🚶 Object | 🏠 Culture memorial | 🚶 Picnic grounds |
| ** 🚶 Booking required | 🚶 Catering | 🚶 Boat rental (number of boats) |
| i Tourist information centre | 🚶 Sauna | 🚶 Fishing |
| 🏠 Accommodation (number of places) | 🚶 Site for camper vans | 🚶 Swimming |
| | 🚶 Camping sites | 🚶 Observation tower |
| | 🚶 Museum | |

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** [🚶](#) - Booking required!